Item	No of Times	Preferred Day	Difficulty
Beef Category:			
Beef & Bean Burritos			E
Beef Foil Dinners			E
Beef Soft Tacos			E
Beef Stew			М
Beef Stroganoff w/Buttered Noodles			М
Grilled Hamburgers	 	1 1	E
Grilled Tri-Tip Roast			М
Marinated Steak (specify cut)		1	E
Spaghetti w/meat sauce	<u> </u>	1	E
Tequilla Marinated Beef Fajitas		T	E
Traditional Beef Fajitas	†		Ē
Chicken Category:			М
Chicken Cardon Blow		-	M
Chicken Cordon Bleu	 	ļ	М М
Chicken Curry		ļ	
Chicken Foil Dinners		ļ	E
Chicken Primavera		ļ	M
Chicken Soft Tacos			E
Chicken Stir Fry			<u>E</u>
Chicken/Cheese Enchiladas	. <u>ļ</u>		E
Fettuccini Alfredo with Chicken			E
Tequilla Marinated Chicken Fajitas			E
Teryaki Marinated Chicken Breasts	<u> </u>		E
Traditional Chicken Fajitas		ļ	E
Pork Category:			
Grilled Pork Chops	1	T	E
Grilled Smoked Pork Chops	\	 	E
Pork Chops w/Mashed potatoes & gravy	-	<u> </u>	M
Roasted Pork Tenderloin	<u> </u>		D
Seafood/Fish Category: Fettuccini Alfredo with Shrimp			E
Grilled Salmon w/herbs		 	<u>-</u> E
Jambalaya	 	-	M
Linguini w/Red Clam Sauce		 	M
Linguini w/White Clam Sauce		-	M
Poached Halibut w/herbs		-	E
			E
Shrimp Burritos		 	E
Shrimp Scampi			E
	<u> </u>		
	- 	-	

Expedition Menu Dinner Items

E = Easy
M = Moderately Difficult
D = Difficult

Item	No of Times	Preferred Day	Difficulty
Vegetarian Category:			
"Beaf" Stew			М
Capellini Pomodoro w/Angel Pasta			E
Cauliflower & Potato Curry			E
Cheese Enchiladas			E
Eggplant Parmesan			М
Fettuccini Alfredo			E
Meatless Stir Fry			E
Meatless Stir Fry w/Tofu			E
Mushroom-Broccoli Stroganoff			М
No-Brainer Burrito			M
Onion Soup			М
Pasta with Pesto			E
Spaghetti w/veggie marinara sauce			E
Vegan Stroganoff			М
Vegetarian Burgers - Grilled			E
Vegetarian Phlly "Cheesesteak"			E
Misc Category:			
Dutch Oven Lasagna			М
Dutch Oven Pizza			M
Grilled Hot Dogs		1	E
Grilled Turkey Burgers			Е

Expedition Menu Dinner Side Items

Item	No of Times	Preferred Day	
Salad Category:			
Bean			
Caesar			
Cole Slaw			
Cucumber & Tomato			
Fruit Salad w/yogurt			
Pasta			
Potato			
Sliced Tomato w/Mozzarella Cheese	/		
Spinach			
Tossed Green			
Dressings:			
Basalmic Vinaigrette			
Blue Cheese	200000000000000000000000000000000000000		
Italian			
Ranch			
Raspberry Vinaigrette			
Thousand Island			
Other (Specify):			
Potato/Vegetable Category:			
Baked Potato			
Baked Sweet Potato			
Dutch Oven Fried Potato			
Dutch Oven Scalloped Potato			
Green Chili Potatoes			
Roasted Potato			
Squash Medley			
Canned Beans			
Canned Corn	*****		
Canned Peas			
Foil Medley of Vegetables			
Rice-A-Roni			
Spanish Rice			
Stovetop Stuffing			

Expeditiion Menu Appetizer/Dessert Items

E = Easy
M = Moderately Difficult
D = Difficult

Item	No of Times	Preferred Day	Difficulty
Appetizers:			
Antipasto			E
Chips and Salsa			E
Crackers w/Dip			E
Cream Cheese and Salsa Dip w/Chips			E
Easy Cheese Bean Dip			E
Egg Rolls			М
Fruit & Cheese Tray w/Dip			E
Hummus with Vegetables			M
Meat & Cheese w/Crackers			E
Shrimp Cocktail			М
Vegetable Tray w/Dip			М
Desserts:			
Apple Cobbler			М
Assorted Cookies			E
Banana Boats	***************************************		E
Brownie Bites			Е
Cherry Cobbler		1	М
Chewy Granola Bar			E
Crunchy Granola Bar			E
Dutch Oven Brownies	i		D
Instant Pudding Cups (Flavor)			E
Peach Cobbler			М
Pepperidge Farms Cookies			Е
Pineapple Upside-Down Cake			М
Rasberry Cobbler		1	М
River Trip Dump Cake			D
S'Mores			E
Sara Lee Pound Cake w/Canned Fruit			Е