

Expedition Menu
Dinner Items

E = Easy
M = Moderately Difficult
D = Difficult

Item	No of Times	Preferred Day	Difficulty
Vegetarian Category:			
"Beaf" Stew			M
Capellini Pomodoro w/Angel Pasta			E
Cauliflower & Potato Curry			E
Cheese Enchiladas			E
Eggplant Parmesan			M
Fettuccini Alfredo			E
Meatless Stir Fry			E
Meatless Stir Fry w/Tofu			E
Mushroom-Broccoli Stroganoff			M
No-Brainer Burrito			M
Onion Soup			M
Pasta with Pesto			E
Spaghetti w/veggie marinara sauce			E
Vegan Stroganoff			M
Vegetarian Burgers - Grilled			E
Vegetarian Philly "Cheesesteak"			E
Misc Category:			
Dutch Oven Lasagna			M
Dutch Oven Pizza			M
Grilled Hot Dogs			E
Grilled Turkey Burgers			E

Expedition Menu
Dinner Side Items

Item	No of Times	Preferred Day
Salad Category:		
Bean		
Caesar		
Cole Slaw		
Cucumber & Tomato		
Fruit Salad w/yogurt		
Pasta		
Potato		
Sliced Tomato w/Mozzarella Cheese		
Spinach		
Tossed Green		
Dressings:		
Basalmlc Vinaigrette		
Blue Cheese		
Italian		
Ranch		
Raspberry Vinaigrette		
Thousand Island		
Other (Specify):		
Potato/Vegetable Category:		
Baked Potato		
Baked Sweet Potato		
Dutch Oven Fried Potato		
Dutch Oven Scalloped Potato		
Green Chili Potatoes		
Roasted Potato		
Squash Medley		
Canned Beans		
Canned Corn		
Canned Peas		
Foil Medley of Vegetables		
Rice-A-Roni		
Spanish Rice		
Stovetop Stuffing		

Expedition Menu
Appetizer/Dessert Items

E = Easy
M = Moderately Difficult
D = Difficult

Item	No of Times	Preferred Day	Difficulty
Appetizers:			
Antipasto			E
Chips and Salsa			E
Crackers w/Dip			E
Cream Cheese and Salsa Dip w/Chips			E
Easy Cheese Bean Dip			E
Egg Rolls			M
Fruit & Cheese Tray w/Dip			E
Hummus with Vegetables			M
Meat & Cheese w/Crackers			E
Shrimp Cocktail			M
Vegetable Tray w/Dip			M
Desserts:			
Apple Cobbler			M
Assorted Cookies			E
Banana Boats			E
Brownie Bites			E
Cherry Cobbler			M
Chewy Granola Bar			E
Crunchy Granola Bar			E
Dutch Oven Brownies			D
Instant Pudding Cups (Flavor)			E
Peach Cobbler			M
Pepperidge Farms Cookies			E
Pineapple Upside-Down Cake			M
Raspberry Cobbler			M
River Trip Dump Cake			D
S'Mores			E
Sara Lee Pound Cake w/Canned Fruit			E